

# CONSULTATION RECORD



OVERALL THEME OF CONSULTATION

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	TAKEN	RECOMMENDATIONS AND AFFIRMATIONS	
Equilibrium (s) Pomander (s) Quintessence (s) Colour Essence (s) Archangeloi (s)			
<b>PRACTITIONER</b> .....	<b>DATE OF CONSULTATION</b>	<b>NEXT APPOINTMENT</b>	
<b>NAME</b> .....			
<b>TELEPHONE NUMBER</b> .....			

## CLIENT ACKNOWLEDGEMENT

I have read the 'Client Information Sheet' (On the back of this page) and understand that the Aura-Soma Colour - Care-System encourages self responsibility and makes no therapeutic claims for any of its products. I accept responsibility for anything that I do as a consequence of this consultation.

**SIGNATURE**..... **DATE**.....



# AURA-SOMA COLOUR-CARE-SYSTEM®

## CLIENT INFORMATION SHEET

### WHAT IS THE AURA-SOMA COLOUR-CARE-SYSTEM?

The Aura-Soma system empowers us to take responsibility for our own well-being. It is a non-intrusive self-selective approach to inner self-discovery using dual colour Equilibrium bottles to explore our potential. The mirror of colour helps us to recognise the energetics of our being so that we can have more choice in our approach to life moment to moment. Our being attracts our life.

The Aura-Soma colour system uses the little known language of Colour and the energies of the 3 kingdoms of Plant, Crystal and Light. This subtle vibrational system can help us to have greater understanding and consciousness. These wonderful colours can help us access our gifts, create greater awareness of our innate beauty and deepen the understanding that will help us fulfil our potential.

### The Consultation

This is in no sense a reading or a monologue from the consultant, the client role is an active one. A consultation is an opportunity to discover our true colours as rainbow beings. As we explore the colour combinations they touch us on a personal level inspiring insights. We are invited to select the four Equilibrium bottles that speak to us the most, these offer the possibility of recognising ourselves at a very deep level. This is the most important and special part of the Consultation because it is where we the client take responsibility for ourselves and our process. Everything that follows in the Consultation is based upon our recognition of ourselves through colour. The Practitioner helps us to explore what has been revealed through our colour selection. We are also given an opportunity to purchase products and experience their supportive energies. This system helps us to explore the heart of any issue. It assists us to access our potential and correct the subtle imbalances that underlie any disharmony. Messages from third parties should not be a part of a consultation, if there is anything that has made you unhappy about this consultation please contact

[enquiries@aura-soma-academy.com](mailto:enquiries@aura-soma-academy.com)  
or telephone +44 (0)1507 533581

### Disclaimer

In a Consultation the focus is on self-discovery and awareness - there is no diagnosis or treatment of any medical condition or physical or psychological problem nor are any therapeutic claims made for the Aura-Soma Colour-Care-System products. We recommend that a suitable qualified professional is consulted where necessary.

### Care and the use of the Aura-Soma Products

These products are made with love and intention containing many subtle vibrational energies. When we work personally with an Equilibrium bottle an energetic link between ourselves and the bottle is formed. For this reason it is recommended that the bottle should only be handled or shaken by the user thereafter. As the Equilibrium bottle works our energies can influence it, this sometimes results in changes to the appearance of the liquids in the bottle, including the vibrancy of the colours. If this happens, don't be concerned, the bottle still maintains its energetic integrity and is working as powerfully as ever. We recommend working with the products at a pace that feels comfortable. This is intended to be a gentle process. The Aura-Soma Products contain living energies. They are best preserved by keeping them away from direct sunlight and extremes of temperature.

### To apply Equilibrium

Shake the bottle vigorously in the left hand until a temporary emulsion is formed. Pour some of this liquid into the palm of the hand and massage the liquid onto your skin in a complete band around the body at the level of the chakra(s) to which the colour(s) within the bottle relate or where you feel is most appropriate. Wherever you place the emulsion it will be effective and of immense value.

### To apply a Pomander

Place 3 drops in the palm of the left hand, rub the hands together, and pass them through the aura perhaps 6 - 8 inches from the body - front, back and sides - working from head to toe. Then bring the palms to the front of the face and receive the Pomander's fragrance as it flows in with the breath three times. The value of the Pomanders is in their potential to clear and protect our energetic field. These can be used as often as wished.

### To apply a Quintessence

Place 3 drops on the left wrist and rub the wrists together. Beginning above the head and working down to the feet, we surround ourselves in the colour and energy of the Quintessence as if enfolding ourselves in angelic wings. Complete by bringing the hands together at the brow and receive the Quintessence's fragrance from the underside of the wrists as the scent flows in with the breath three times. The gift within the Quintessences is that they have the potential to help us to invoke and experience our own inner beauty.

**Your Practitioner will be happy to demonstrate any of the above.**

### The Aura-Soma Practitioner Certificate

During the training a student may choose to register as an Aura-Soma Practitioner at which point they can give Aura-Soma consultations to the general public. The level of training attained by the Practitioner is featured on their Practising Certificate. Each Practising Certificate is valid for one or two years and only those Practitioners with a current Practising Certificate are on the Practitioner Register and therefore able to give public consultations.

A current Practising Certificate confirms that the Practitioner is undertaking continued training courses to improve and update their understanding of the Aura-Soma colour system. The certificate also confirms the Practitioner works according to the practices set out by

**Aura-Soma Education Systems Limited,  
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